**Title of Paper (Times New Roman 18, Bold)**

**Name of Author and Name of Co-Author (Times New Roman 14, Bold)**

*College Affiliation, University Affiliation, (Times New Roman 11, Italics)*

Name of Faculty Mentor, Department (Times New Roman 12)

Abstract (Centered, Times New Roman 12, single spaced)

(text, single spaced, TNR 11, left)

Lore ipsum dolor sit amet, consectetur adipiscing elit. Vestibulum vitae semper tortor, a semper turpis. Suspendisse nec laoreet ipsum. Donec vitae urna eu tortor egestas auctor eu sed purus. In hac habitasse platea dictumst. Maecenas nec magna lacus. Etiam ut urna sit amet mi tristique venenatis. Donec aliquet laoreet dapibus. Suspendisse fermentum risus elit, id commodo nulla commodo nec. Sed malesuada rutrum. Fusce elit nisi, fringilla ut quam nec, elementum posuere enim. Sed porttitor fermentum libero, sit amet dapibus nibh varius sit amet. Nulla lacinia malesuada pretium. Pellentesque luctus fringilla eros, vestibulum lacinia ante aliquet ut. (Abstract: Times New Roman 11; 1 line spacing)

*Keywords:* lorem ipsum, nulla vitae

First-level Heading (Centered, Times New Roman 12, Bold)

Body Text: Times New Roman 12, left; 1.5 spacing; 1” margins; Headers and Footers 0.2” from top and bottom of page. Indent the start of each paragraph .25”

This is an example of a body paragraph. Lore ipsum dolor sit amet, consectetur adipiscing elit. Vestibulum vitae semper tortor, a semper turpis. Suspendisse nec laoreet ipsum. Donec vitae urna eu tortor egestas auctor eu sed purus. In hac habitasse platea dictumst. Maecenas nec magna lacus

Second-Level Heading (Left aligned, Times New Roman 12, Bold)

Donec venenatis augue eget posuere interdum. Morbi vestibulum tincidunt eros, id sollicitudin neque. Pellentesque et sapien vel felis pellentesque ornare sed sed velit. Sed tempor ligula nec neque laoreet suscipit.

Aliquam at lorem sed enim volutpat pulvinar hendrerit dictum sapien. Morbi convallis sodales lacus, et imperdiet neque sagittis ac. Maecenas sed pretium velit, sed tincidunt elit. Pellentesque auctor nulla convallis. Vestibulum at odio at erat lacinia porttitor.

third-level heading (Indented, lowercase with period, Times New Roman 12, Bold). Aenean cursus massa. Praesent vel tincidunt nisi. Curabitur et varius ligula, ut sagittis mi. Fusce justo nisi, vestibulum placerat iaculis id, sollicitudin eget tortor. Quisque porta eget diam non ornare. Curabitur at ante nec mauris vulputate lacinia in id justo. Quisque tristique lobortis nisi, ullamcorper vestibulum elit posuere in.

Guidelines for Quotations and Figures  
(This is an example of a First-level heading)

Direct quotations within your text require the page number, if available, of the source that you are drawing from. If you are paraphrasing the citation should not include page numbers or ranges. As A. Gator et al. state conclusively, “nothing is quite as annoying to editors as fixing citations.” (2024, 5). vs, A 2024 survey of journal editors found that fixing citations in submitted papers was listed as the most frustrating task (Gator et al., 2024). You have the option of introducing your cited authors within your text or within the parenthetical citation.

For quotations of four lines or more, indent the start of the quotation within paragraph, and do not use quotation marks, as in the example below. :

*Notice that there are no quotation marks here because the indention indicates that the material is quoted*. Nulla facilisi. Maecenas sed pretium velit, sed tincidunt elit. Pellentesque auctor nulla convallis. Vestibulum at odio at erat lacinia porttitor. Donec sit amet ultricies arcu. Nullam leo libero, interdum in sapien a, bibendum placerat mauris. (Citation, pg#)

If the long quotation is contained within a paragraph, do not indent the remaining part of the paragraph.

Mauris congue rhoncus arcu. Praesent eget arcu semper, fermentum nunc in, fringilla enim. consequat sollicitudin nunc pretium hendrerit (Figure 1). Donec a venenatis sapien. Donec convallis dolor sed porta lobortis. Pellentesque fermentum nunc sed nisl varius sagittis. Fusce sed hendrerit nulla

**Guidelines for Figures:**

* If you copy all or part of a figure from a source, cite it correctly.
* Do not frame the figure with a line or box.
* Make sure that any text used in keys or elsewhere is readable--no smaller than Times New Roman 7.
* Include a functional and descriptive caption below the graphic (e.g.: **Figure 1**. Photograph of the Research Setting).
* Do not include a figure title in addition to the required figure caption.
* Unlike table titles, figure captions appear below the graphic.
* Introduce figures in the text (“as shown in Figure 2,” etc.).

Figure 1. Figure Caption (Times New Roman 10)

Morbi interdum scelerisque mollis. Donec euismod velit nec urna.. Fusce eu neque vel massa tempor sodales non vel neque. Sed in nisi at felis euismod eleifend at et massa. Ut fermentum faucibus elit at egestas. Integer eget adipiscing ipsum. Morbi vestibulum tincidunt eros, id sollicitudin neque. Maecenas sed pretium velit, sed tincidunt elit. Pellentesque auctor nulla convallis. Vestibulum at odio at erat lacinia porttitor.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Table 2.** Table Title Above Table (Times New Roman 10) | | | | |
| Column Heading | Unstandardized  Coefficients | | Standardized  Coefficients | |
|  | *B* | *SE* | *β* | *t* |
| (Constant) | 1.12 | .41 |  | 3.15 |
| Color | .37 | .03 | .25 | 1.44 |
| Size | .45 | .65 | .98 | .76 |
| Loc | .32 | .90 | .32 | 1.41 |
| *Note*. Include source information if any part of the table is borrowed. (Table: Font used within table: Times New Roman 10. Per APA, the table above contains 3 horizontal lines, no vertical lines. Data columns are centered. Variable column is left justified.) | | | | |

Aenean luctus velit eget velit ultrices, non mattis nulla pulvinar. Quisque tristique lobortis nisi, ullamcorper vestibulum elit posuere in. Integer eget adipiscing ipsum.

Acknowledgements (TNR 12, bold, center)

Quisque tristique lobortis nisi, ullamcorper vestibulum elit sollicitudin vitae. Mauris augue ipsum, facilisis sit amet blandit eget, venenatis in sapien. Etiam accumsan dignissim.

References (TNR 12, bold, center)

(Citations: Times New Roman 11, single space, left; hanging indent .5”)

American Heart Association. (2010). Heart disease and stroke statistics—2010 update: A report from the American Heart Association. *Circulation, 121*(7), e46-215. doi: http://dx.doi.org/

10.1161/circulationaha.109.192667

Hildebrand, D. A., & Shriver, L. H. (2010). A quantitative and qualitative approach to understanding fruit and vegetable availability in low-income African-American families with children enrolled in an urban head start program. *Journal of the American Dietetic Association, 110*(5), 710-718. doi: 10.1016/j.jada.2010.02.012

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